

American Meditation Society Certified Teachers in Westchester & Rockland Counties and NYC
All teachers offer individual instruction. Write or call anytime to make arrangements.

Name	Town	Email	Phone	
Anna	Blasucci (Teacher Coordinator)	anabananna13@aol.com	914-980-8910	
Maria	DeAngelis	White Plains	mariadeangelis@optonline.net	914-437-7673
Linda	Fitzpatrick	West Nyack	info@successfulresumesamerica.com	845-598-4439
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Mataji	Harmin	White Plains	m@mt44.net	914-946-5334
Merrill	Harmin	White Plains	m@mt44.net	914-946-5334
Ron	Laino	Ossining	ronlaino@gmail.com	914-902-3230
Lauren	Lambert	Manhattan	lauren.nyms@gmail.com	917-348-8004
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Sophia	Shrekeli	Scarsdale	sophia.shkreli@gmail.com	914-462-6030
Harry	Stahl	White Plains	h_stahl@optonline.net	914-437-7673

Ongoing Group Meditation Meetings
Drop in to chant, meditate and find support for your practice.

Leader	Town	Venue	Day & time	More Information
Linda	West Nyack (Rockland) and nearby	varies	varies; usually Mondays or Tuesdays at 7 PM	http://www.meetup.com/The-Rockland-Bergen-Meditation-Group/
Mataji and Merrill	White Plains	44 Midchester Avenue	Wednesdays at 7:30 PM	http://www.meetup.com/New-York-Meditation-Society/
Mataji and Merrill	White Plains	44 Midchester Avenue	Saturdays at 2 PM, excluding the first Saturday of each month	http://www.meetup.com/New-York-Meditation-Society/
Mataji and Merrill	White Plains	First Baptist Church of White Plains, Wilson House, 456 North Street	First Saturday of each month at 5 PM, followed by a potluck dinner. Please sign up in advance and let us know what food you will bring at PerfectPotluck.com, Administrator=Fitzpatrick, password=Ananda	http://www.meetup.com/New-York-Meditation-Society/

More information on meditation is available at www.americanmeditationsociety.org